

## Career Goals Self Discovery Questions

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1. Why do you work?
2. What defines meaningful work for you?
3. How would you describe an ideal, great workday?
4. How would you describe a difficult workday?
5. What is the job title of your dreams?
6. What is the job title of your nightmares?
7. What are you most satisfied by in your career experience to date?
8. What experience do you wish you had?
9. What brings you joy?
10. What are you good at?
11. What interests you?
12. What are you challenged by?
13. What is a deal breaker for you?
14. What are traits you admire (or maybe are jealous of) in others?
15. What does positive impact mean to you?
16. What classifies as impact-focused work?
17. If you could snap your fingers and have a particular role regardless of your current experience, qualifications, or other barriers, what would it be?



18. What is my needed timeline for a new position?  
*Consider factors such as financial needs, the stability of your current position, the state of your mental health, and application due dates.*
19. How much time can I put towards the effort to find a new position?  
*Consider both daily and weekly timeframes as well as the realistic balance with your current obligations or needed urgency.*

